

FEDERACIÓN COSTARRICENSE DE PATINAJE Y DEPORTES AFINES

WORLD SKATE NIVEL 1 (PATINAJE DE CARRERAS)

ENTRENADORES CERTIFICADOS:

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WORLD SKATE ACADEMY: INLINE SPEED SKATING ONLINE LESSONS - PROVISIONAL PROGRAM



UPDATE 13/01/21

						MORNING LESSONS (Lausanne local time)					
WEEKDAY	DAY	MONTH	YEAR	ATTENDEES	LEVEL	DISCIPLINE	HOURS PER LESSON	START TIME (Lausanne local time)	END TIME (Lausanne local time)	SPEAKER	LANGUAGES
Sat.	6	Feb	2021	Coaches	1	Sport Management	01:15	09:00	10:15	Simone Masserini	ENG
						Sports Team Management	01:15	10:25	11:40	Elias del Valle	ENG-SPA
Sun.	7	Feb	2021	Coaches	1	Antidoping	01:15	09:00	10:15	WADA TBD	ENG
						General Regulations	01:15	10:25	11:40	Ismael Ochoa	ENG-SPA
Sat.	13	Feb	2021	Coaches	1	Sport Management	01:15	09:00	10:15	Simone Masserini	ENG
						Sports Team Management	01:15	10:25	11:40	Elias del Valle	ENG-SPA
Sun.	14	Feb	2021	Coaches	1	Antidoping	01:15	09:00	10:15	WADA TBD	ENG
						Technical Regulations	01:15	10:25	11:40	Ismael Ochoa	ENG-SPA
Sat.	20	Feb	2021	Coaches	1	Sport Nutrition	01:15	09:00	10:15	Raffaella Spada	ENG
						Excellence in sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	21	Feb	2021	Coaches	1	Importance of the technique in youthful ages	01:15	09:00	10:15	Maximiliano Presti	ENG-SPA
						Specific Theory of Sports Training for Speed Skating I	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	27	Feb	2021	Coaches	1	Tactics in Speed Skating	01:15	09:00	10:15	Pascal Briand	ENG
						Different models of sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	28	Feb	2021	Coaches	1	Tactics in Speed Skating	01:15	09:00	10:15	Pascal Briand	ENG
						Specific Theory of Sports Training for Speed Skating I	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	6	Mar	2021	Coaches	1	Technique in Speed Skating	01:15	09:00	10:15	Pascal Briand	ENG
						Principles and Loads of sports training	01:15	10:25	11:40	Eduardo Becali	ENG-SPA
Sun.	7	Mar	2021	Coaches	1	Technique in Speed Skating	01:15	09:00	10:15	Pascal Briand	ENG
						Specific Theory of Sports Training for Speed Skating I	01:15	10:25	11:40	Iván Vargas	ENG-SPA
Sat.	13	Mar	2021	Coaches	1	The Force and the prevention of misfortunes	01:15	09:00	10:15	Carlo Varalda	ENG
						Sports Psychology	01:15	10:25	11:40	Andrea Chirico	ENG
Sun.	14	Mar	2021	Coaches	1	The Force and the prevention of misfortunes	01:15	09:00	10:15	Carlo Varalda	ENG
						Sports Psychology	01:15	10:25	11:40	Andrea Chirico	ENG

